

Introduction

Accurate and rapid identification of the active pharmaceutical ingredient (API) in pharmaceutical development and manufacture is critical. Allergic rhinitis, also known as hay fever, is a widespread condition, affecting 10-15% of children and 26% of adults in the UK.¹ There are many antihistamine formulations available for treating hay fever and these utilise various active pharmaceutical ingredients.

This application note showcases the remarkable capability of FTIR spectroscopy in swiftly and precisely discerning the API within antihistamine medication. It highlights how FTIR spectroscopy is an indispensable tool for API identification and ensuring quality standards within the pharmaceutical industry.²

Materials and Methods

Three commercially available tablets, Piriteze[®], Allevia[®], and Tesco Health[®], were analysed using an Edinburgh Instruments IR5 FTIR spectrometer equipped with a diamond Attenuated Total Reflection (ATR) accessory, Figure 1.



Figure 1: Edinburgh Instruments IR5 FTIR Spectrometer.

The tablets were ground into a fine powder, which was then placed onto the ATR. They were secured in place using the clamping arm of the ATR accessory. FTIR spectra were then collected using Miracle™ software, where 30 averages at a resolution of 4 cm⁻¹ were obtained, and the APIs were identified by comparing the spectra with those of known compounds in the KnowItAll[®] spectral library.

API Identification

Pharmaceutical industries utilise spectral databases to classify, compare and detect ingredients, such as APIs and excipients. Using database spectra, the major compounds in each tablet were identified. Figure 2 shows the spectrum obtained from Allevia[®], the API from this brand was successfully identified as fexofenadine hydrochloride.³

The Allevia[®] spectrum also shows that it contains hypromellose. Hypromellose is an important ingredient in pharmaceutical tablets, providing controlled API release to prolong their therapeutic effects. This is why antihistamines, for example, only need to be taken once per day.

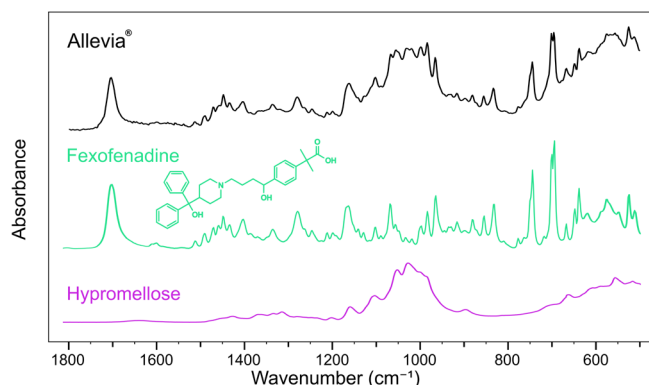


Figure 2: FTIR spectra of Allevia[®] (black), fexofenadine (green), and hypromellose (pink).

Figure 3 shows that the spectrum of Piriteze[®] and could be used to identify the API as cetirizine dihydrochloride. Piriteze[®] was also found to contain lactose monohydrate, a crystallised form of milk-sugar, which has excellent compressibility properties allowing the tablet to be digested smoothly.⁵

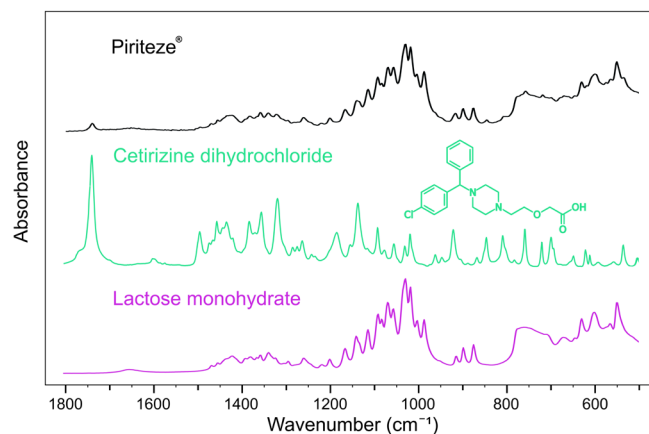


Figure 3: FTIR spectra of Piriteze[®] (black), cetirizine dihydrochloride (green), and lactose monohydrate (pink).

Figure 4 shows that the API in the Tesco Health[®] tablet is loratadine. Both loratadine and cetirizine have very high protein binding ratios compared to fexofenadine making them very fast-acting allergy medications.^{5,6}

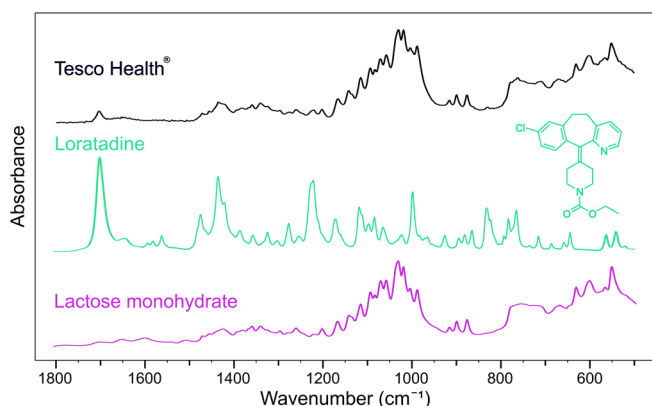


Figure 4: FTIR spectra of Tesco Health Hay fever[®] (black), loratadine (green), and lactose monohydrate (pink).

The major IR-active vibrations for each API and shown in Table 1. The C=O stretching mode in the 1600-1800 cm⁻¹ region is shifted for each API because the surrounding chemical environment is different in each compound.

Table 1: Table of IR modes of APIs in antihistamines.^{3,7,8}

Tablet	API	IR Active Modes (cm ⁻¹)	Stretching Bond
Allevia [®]	Fexofenadine	1699	C = O
		1275	C – N
		750	C – H
		995	C = C
Piriteze [®]	Cetirizine	1740	C = O
		1650	C = N
		1325	C – N
		780	C – Cl
Tesco Health [®]	Loratadine	1703	C = O
		1650	C = N
		780	C – Cl



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Conclusion

ATR-FTIR was shown to be a robust and effective analytical technique for identifying APIs in antihistamine tablets. The unique spectral fingerprints obtained through FTIR spectroscopy enable the characterisation of various pharmaceutical components, providing an excellent tool for quality control and manufacturing.

References

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